

# THE DIDI HIRSCH ADULT RESOURCE GUIDE

Welcome to Didi Hirsch Mental Health Services. A key part of our programs is helping clients connect with essential resources and build support systems that will last far into the future. What follows is a brief list of placements and programs that come recommended by the staff and former clients at Didi Hirsch Crisis Residential programs (Excelsior House and Jump Street). This list is just a start, designed to orient you to some of what is available. Be sure to talk to your counselor for more information.

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To suggest additions, subtractions, or other improvements to the resource guide, please write Tracy Caldeira, PsyD: [tcaldeira@didihirsch.org](mailto:tcaldeira@didihirsch.org)

# HOUSING

## BOARD AND CARE FACILITIES

Board and care homes provide supportive, supervised living environments for people with disabled by mental illness and who have difficulty taking care of day-to-day needs. More expensive than other programs, but SSI checks are increased for those staying in Board and Cares to make up the difference.

### **Alcott Center – The Graduate House**

1433 South Robertson Boulevard | Los Angeles, CA 90035 | (310) 785-2121 | [www.alcottcenter.org](http://www.alcottcenter.org)  
No maximum stay. Medi-Cal required. Clients self-refer. Prefers several months sobriety prior to current crisis. Unfunded beds referred through Brotman Urgent Care.

### **Cheviot Hills Golden Manor**

3535 Overland Avenue | Los Angeles, CA 90034 | (310) 836-0510

### **Gateways Percy Village**

3441 Percy Street | Los Angeles, CA 90023 | (323) 268-2100  
Program combines board and care and IMD step-down.

### **Harbor View House**

921 S. Beacon St. | San Pedro, CA 90731 | (310) 547-3341 | [www.hvi.com](http://www.hvi.com)  
Large, multi-floor board and care. Board and care rate. Day program off-site.

### **Pacific View Guest Home**

2300 S. Pacific Avenue | San Pedro, CA 90731 | (310) 521-9896

### **Project New Hope**

1004 Echo Park Avenue | Los Angeles, CA 90026 | (213) 250-9481 | [www.projectnewhope.org](http://www.projectnewhope.org)  
Three adult residential facilities for clients with HIV/AIDS—two in Lawndale, one in Pico-Union. Sliding scale fees.

### **Sepulveda Residential**

8025 Sepulveda Boulevard | Van Nuys, California 91402 | (818) 782-7288 | [www.sepulvedaresidential.com](http://www.sepulvedaresidential.com)

### **Sunshine Manor**

10540 Sherman Grove Avenue | Sunland, CA 91040 | (818) 352-5941

### **Sunnyside Residential**

22713 South Vermont Avenue | Torrance, CA 90502 | (310) 320-3318  
Client recommended board and care.

### **The Manor**

1905 Pico Boulevard | Santa Monica, CA 90405 | (310) 450-1748 | [www.themanoronline.com](http://www.themanoronline.com)

### **Villa Stanley**

335 N. Stanley Avenue | Los Angeles, CA 90036 | (323) 937-4856  
Also try Villa Stanley East: (310) 934-2498

## CRISIS RESIDENTIAL

Didi Hirsch Crisis Residential Programs provide 28-day crisis stabilization, including psychiatric consultation, case management, and group and individual therapy in a structured, homelike environment.

### **Didi Hirsch Mental Health Services - Excelsior House**

1007 Myrtle Avenue | Inglewood, CA 90301 | (310) 412-4191 | [www.didihirsch.org](http://www.didihirsch.org)

14 beds, 1 unfunded. Referrals by caseworker.

### **Didi Hirsch Mental Health Services - Jump Street**

1233 South La Cienega Boulevard | Los Angeles, CA 90035 | (310) 855-0031 | [www.didihirsch.org](http://www.didihirsch.org)

10 beds, 1 unfunded. Referrals by caseworker.

## DOMESTIC VIOLENCE SHELTERS

Placement for victims of domestic violence. These shelters keep their addresses unlisted to ensure residents' safety.

### **Angel Step Inn**

(323) 780-7285

Los Angeles.

### **1736 Family Crisis Center**

(213) 745-6434 | [www.1736familycrisiscenter.org](http://www.1736familycrisiscenter.org)

Redondo Beach and 2 other locations.

### **Good Shepherd**

(323) 737-6111 | [www.goodshepherdsistersna.com](http://www.goodshepherdsistersna.com)

Los Angeles. Long-term treatment and education-oriented shelter primarily for battered women and children. Campus includes 12 self-contained apartments.

### **Haven Hills**

(818) 887-7481 | [www.havenhills.org](http://www.havenhills.org)

Canoga Park.

### **House of Ruth**

(909) 623-4364 | [www.houseofruthinc.org](http://www.houseofruthinc.org)

Pomona.

### **Sojourn**

(310) 264-6644 x235 | [www.opcc.net](http://www.opcc.net)

Central Los Angeles. Part of OPCC.

### **Valley Oasis**

(800) 945-6736 | [www.avdvc.org](http://www.avdvc.org)

Antelope Valley.

## INPATIENT PROGRAMS

These inpatient programs offer a wide range of services. Generally, stays last between six months to two years. The amount of structure—groups, etc.—varies from program to program.

### **Bell Wellness Program**

5600 Rickenbacker Road | Bell, CA 90201 | (323) 263-1206 | [www.salvationarmy-socal.org](http://www.salvationarmy-socal.org)

Inpatient recovery program within Bell Shelter. Usually has long waiting list.

### **B.R.I.D.G.E.S.**

8514 Topanga Canyon Boulevard | Canoga Park, CA 91304 | (818) 999-0143  
11927 Elliot Ave | El Monte, CA 91732 | (626) 350-5304  
20401 Roscoe Blvd. | Canoga Park, CA 91306 | (818)998-1565  
[www.bridgesrehab.org](http://www.bridgesrehab.org)

Transitional living with seven locations in Canoga Park, Lancaster, El Monte, Sylmar. Cost: \$916/month via SSI/Medi-Cal. Services: Groups, daily living skills, 12-steps programs. Maximum stay is 18 months. Staff must refer.

### **Downtown Women's Center**

325 S. Los Angeles Street | Los Angeles, CA 90013 | (213) 680-0600 | [www.dwcweb.org](http://www.dwcweb.org)  
45 single-unit apartments providing permanent, affordable, supportive housing to formerly homeless women.

### **New Phase**

808 E. Brett | Inglewood, CA 90302 (310) 567-1421 (Michelle)  
Community transitional living. Clients with substance abuse issues are sent to an offsite program several days out of the week.

### **PATH (People Assisting the Homeless)**

340 North Madison Avenue | Los Angeles, CA 90004 | (323) 644-2200 | [www.epath.org](http://www.epath.org)  
Transitional living and interim housing. Services: Case management and other services. Maximum stay is six months.

### **L.A. Family Housing**

7843 Lankershim Blvd. | North Hollywood, CA 91605 | (818) 982-4091 | [www.lafh.org](http://www.lafh.org)  
Organization runs variety of programs and housing sites—shelters, transitional living, and permanent housing.

### **TLC (Transitional Living Center)**

16119 Prairie Avenue | Lawndale, CA 90260 | (310) 542-4825  
Transitional living. Cost: \$916/month. Services: Structured program, intensive case management and services. Maximum stay is one year. Geared toward mental illness more than substance abuse.

### **The Westwood Transitional Village (Salvation Army)**

1401 South Sepulveda Boulevard | Los Angeles CA 90025 | (310) 477-9539  
Salvation Army site provides residential housing and support services for women and homeless families. Services: Licensed childcare on site. Maximum stay is two years.

## SEMI-INDEPENDENT LIVING

### **Alcott Center – The Plaza**

1433 South Robertson Boulevard | Los Angeles, CA 90035 | (310) 785-2121 | [www.alcottcenter.org](http://www.alcottcenter.org)  
Semi-independent living. Services: Alcott Center also runs rehab, family, and training services. No maximum stay. Medi-Cal required. Clients call.

### **San Fernando Valley Community Mental Health Satellite Housing**

14411 Vanowen Street | Van Nuys, CA 91405 | (818) 374-5383 | [www.sfvcmhc.org/html/independent\\_living.html](http://www.sfvcmhc.org/html/independent_living.html)  
Multiple sites with various services, max stays, etc.

### **Project New Hope**

1004 Echo Park Avenue | Los Angeles, CA 90026 | (213) 250-9481 | [www.projectnewhope.org](http://www.projectnewhope.org)  
For clients living with HIV/AIDS, 141 beds located in San Pedro, Silver Lake, Santa Monica, South Los Angeles, Los Angeles, and Hollywood.

**USC Satellite**

600 St. Paul Ave. Suite 100 | Los Angeles, CA 90017 | (213) 975-9091

Semi-independent for clients with mental illness. Case management and psychiatry provided. Program leases apartments in Koreatown - 4 clients in two-bedroom apartments. Cost: Rent (\$250/month) + utilities (\$40-50/month) + food. Services: SSI/Medi-Cal only. Maximum stay is eighteen months. Eligibility requirements include medication stability, program compliance, sobriety (long-term preferred). Waitlist usually exceeds 28 days. Clients can self refer; staff faxes paperwork.

**SHELTERS**

Shelters provide temporary, emergency housing for people without funding or other placement. Some shelters offer limited case management and other services. Most expect clients to leave for the majority of the day.

**Bell Shelter**

5600 Rickenbacker Road | Bell, CA 90201 | (323) 263-1206 | [www.salvationarmy-socal.org](http://www.salvationarmy-socal.org)

Call at 9:00 a.m. to secure bed. Intake counselor will do phone intake, then will have client come in to do some paperwork. Client can be in shelter for up to 2 years. They have computer classes, GED classes. Medi-Cal accepted.

**Daybreak**

1751 Cloverfield Blvd. | Santa Monica, CA 90404 | (310) 450-0650 | [www.opcc.net](http://www.opcc.net)

Women only. 14-day emergency shelter (speak with Atara at extension 224). Also, separate long-term program (up to 9 months; speak with Yvonne at extension 231). Corner of Cloverfield and Michigan.

**Harbor Light**

809 East 5th Street | Los Angeles, CA 90053 | (213) 626-4786 | [www.laharborlight.org](http://www.laharborlight.org)

Salvation Army-run residential rehab and substance abuse recovery program on Skid Row. Program includes meals, in-house school.

**LAMP Shelter**

527 South Crocker Street | Los Angeles, CA 90013 | (213) 488-9559 | [www.lampcommunity.org](http://www.lampcommunity.org)

**Long Beach Rescue Mission**

1335 Pacific Avenue (at Anaheim) | Long Beach, CA 90813 | (562) 591-1292

**New Image Shelter**

3804 Broadway Place | Los Angeles, CA 90037 | (323) 231-1711 | [www.newimageshelter.org](http://www.newimageshelter.org)

Arrive by 4pm.

**OPCC Access Center**

1616 7th Street | Santa Monica, CA 90401 | (310) 450-4050 | [www.opcc.net](http://www.opcc.net)

Drop-in center for clothing, showers, sack lunches, and referrals to shelters.

**Pathways to Your Future**

6208 West Blvd. | Los Angeles, CA 90043 | (323) 418-8113 | [www.ptyf.org](http://www.ptyf.org)

Emergency shelter and transitional living for transitional age youth (18-24 years old). Case management. Stay up to 2 years.

**People Helping People**

5701 S. San Pedro Street | Los Angeles, CA 90026 | (323) 232-7956 | [www.medstudent.ucla.edu/php](http://www.medstudent.ucla.edu/php)

90-day shelter; arrive between 3:30 - 8pm for intake.

**Samoshel**

1616 7th Street | Santa Monica, CA 90401 | (310) 581-9825 | [www.opcc.net](http://www.opcc.net)

Shelter and drug program referrals through OPCC. Men and women in separate dorms.

### **San Julian Shelter**

627 South San Julian Street | Los Angeles, CA 90011

### **Union Rescue Mission**

545 S. San Pedro Street | Los Angeles, CA 90013 | (213)347-6300 | [www.urm.org](http://www.urm.org)

Shelter for men, women, and children. Also runs year-long residential Christian Life Discipleship Program.

### **Weingart Center Association**

566 South San Pedro Street | Los Angeles, CA 90013 | (213) 627-9000 | [www.weingart.org](http://www.weingart.org)

Housing, case management, and other services.

## **SOBER LIVING FACILITIES**

Sober living facilities house people in recovery together for a relatively low cost. Program and structure are limited, often non-existent. Twelve-step meeting attendance is required by some. Space does not permit listing more than a handful of sober living facilities. Try the Sober Living Network website for extensive listings of sober livings in Southern California.

### **The Sober Living Network**

P.O. Box 5235 | Santa Monica, CA 90409 | (310) 396-5270 | [www.soberhousing.net](http://www.soberhousing.net)

Listings and referrals to a huge number of area sober livings.

### **Cambridge House**

2218 Cambridge Street | Los Angeles, CA 90006 | (323) 735-5542

A 12-step focused sober living for gay men near Pico and Western. \$450/month. Sponsor and six weekly AA/NA meetings required.

## **SUBSTANCE ABUSE TREATMENT PROGRAMS**

Inpatient programs focused primarily on recovery from addiction.

### **Acton Rehabilitation Facility**

30500 Arraster Canyon Road | Acton, CA 93510 | (661) 269-0062

Rehabilitation, dual diagnosis in a 120 day program. Cost: Based on ability to pay. Services: Psychiatry, therapy, relapse prevention, 12-step meetings. Clients must call. L.A. County residents/benefit recipients only. Call between 9-10 & 2-3. No meds after 5pm.

### **Alcoholism Center for Women (ACW)**

1147 S. Alvarado Street | Los Angeles, CA 90004 | (213) 381-8500 |

[www.alcoholismcenterforwomen.org](http://www.alcoholismcenterforwomen.org)

Six-month residential rehab for women. 18 beds. Also provide outpatient services.

### **Alternatives - Glendale Memorial Hospital**

1420 South Central Avenue | Glendale CA 91204 | (800) DIAL-GAY (342-5429) |

[www.glendalememorialhospital.org](http://www.glendalememorialhospital.org)

Substance abuse and mental health treatment specializing in HIV/AIDS. Accepts Medicare.

### **American Recovery Center**

2180 West Valley Blvd. | Pomona, CA 91768 | (909) 865-2336 | [www.bhs-inc.org/arc.html](http://www.bhs-inc.org/arc.html)

14 days detox; residential program up to 6 mos.

### **Beit T'Shuvah**

8831 Venice Boulevard | Los Angeles, CA | (310) 204-8910 | [www.beittshuvahla.org](http://www.beittshuvahla.org)

Long-term inpatient rehabilitation facility combines 12-steps with Jewish spirituality.

### **Clare Foundation**

1871 9th Street | Santa Monica, CA 90404 | (866) 452-5273 (toll-free) | [www.clarefoundation.org](http://www.clarefoundation.org)

Recovery homes (one for men, one for women). 30 days of sobriety required before start. Has detox services; prefers clients start with their detox.

**Didi Hirsch Mental Health Services - Via Avanta**

Pacoima, CA | (818) 897-2609 | [www.didihirsch.org](http://www.didihirsch.org)

Residential treatment for women with substance abuse problems and their children (up to age 6). Services: Rehabilitation, mental health treatment, parenting classes, 12-step.

**Flossie Lewis**

351 East 6th Street | Long Beach, CA 90802 | (562) 435-7350 | [www.ncaddsb.com](http://www.ncaddsb.com)

90 to 120 day recovery house for women (up to 6 months if court ordered with transitional living for up to 1 year after). For women alone or with one infant. Cost: Based on ability to pay. Services: 12-step oriented. 7 GR beds, 20 beds total. Non-Medi-Cal accepted. Dual diagnosis accepted. No morphine-based medications or benzodiazepines.

**Pacifica House**

2501 W. El Segundo Blvd. | Hawthorne, CA 90250 | (323) 754-2816 | [www.bhs-inc.org/pacifica.html](http://www.bhs-inc.org/pacifica.html)

6-9 month program, 22 females/48 males, accepts Medi-Cal, work with dual diagnosis (LVN & LCSW on staff)

**Patterns**

12917 Cerise Ave. | Hawthorne, CA 90250 | (310) 675-4431 | <http://www.bhs-inc.org/patterns.html>

Treatment for women and women with dependent children up to age 10. 6 mos – 1 year.

**Phoenix House**

503 Ocean Front Walk | Venice, CA 90291 | (310) 392-3070 *geared for men only*

| [www.phoenixhouse.org](http://www.phoenixhouse.org)

**Mary Lind Recovery Centers**

[www.marylind.org](http://www.marylind.org)

Six-month residential substance abuse recovery program, runs three houses. Variety of funding options. Adult education and vocational guidance. Try Bimini first for dual diagnosis.

Bimini Recovery Center (86 beds)

155 S. Bimini Place | Los Angeles, CA 90004 | (213) 388-5423

Rena B. (100 beds)

4445 Burns Ave. | Los Angeles, CA 90029 | (323) 664-8940

Royal Palms Recovery Center (135 beds—all male)

360 S. Westlake Ave. | Los Angeles, CA 90057 | (213) 483-9201

**Redgate Memorial Recovery Center**

1775 Chestnut Ave. Long Beach, CA 90813 (562) 599-8444 | [www.bhs-inc.org/rmrc.html](http://www.bhs-inc.org/rmrc.html)

1-3 week waiting list. 14-day detox; program up to a year. No Medi-Cal.

**River Community**

23701 East Fork Road | Azusa, CA 91702 | (626) 910-1202 |

[www.socialmodel.com/treat\\_recov\\_river.php](http://www.socialmodel.com/treat_recov_river.php)

Dual diagnosis residential facility. Cost: Accepts health insurance, Medi-Cal/SSI or can pay out of pocket. Some funds for uninsured. Services: Rehabilitation, life-skills, psychiatry, group therapy.

**Salvation Army**

(213) 896-9160 | [www.salvationarmy-socal.org](http://www.salvationarmy-socal.org)

Variety of treatment facilities and shelters throughout Los Angeles area.

**Shields For Families**

PO Box 59129 | Los Angeles, CA 90059 | (323) 242-5000 |

[www.shieldsforfamilies.org/services.htm](http://www.shieldsforfamilies.org/services.htm)

Allows entire family to reside in housing. Also offers outpatient services for families in South L.A./Compton area.

### **Substance Abuse Foundation, Long Beach (SAF)**

*3125 East 7th Street | Long Beach, CA 90804 | (562) 439-7755 | [www.safinc.org](http://www.safinc.org), walk-ins 8am to 2pm for intake, bring id.*

### **Tarzana Treatment Center**

*(800) 996-1051 (Tarzana); (661) 726-2630 (Lancaster); (310) 218-1868 (Long Beach-for women and children) | [www.tarzanate.org](http://www.tarzanate.org)*

Inpatient and outpatient services. Medical detox at Tarzana location only.

### **Warm Springs**

*38200 North Lake Hughes Road | P.O. Box 39 | Castaic, CA 91310 | (661) 257-2342*

## OTHER RESOURCES

### CONTINUING DIDI HIRSCH SERVICES

Employment Services, Outpatient Services, Psychosocial Clubhouse, Case Management (FSP, AB2034, ACT)  
*4760 South Sepulveda Boulevard | Culver City, CA 90230 | (310) 390-6612*  
*111 North La Brea Avenue, 5th and 7th Floors | Inglewood CA, 90301 | (310) 677-7808*  
[www.didihirsch.org](http://www.didihirsch.org)

### DENTAL CLINICS

#### **ADAM Dental Center**

2511 South Central Avenue | Los Angeles, CA 90011 | (213) 763-2510  
Dr. Nguyen Nguyn, DDS, Walk-ins okay. Medi-Cal accepted.

#### **Comprehensive Dental Care**

(they will p/u clients)  
141 N. Prairie Ave, Inglewood, CA, (310) 330-0080  
Medi-Cal accepted

#### **Homeless Not Toothless**

*11980 San Vicente Boulevard, #507 | Los Angeles, CA 90049 | (310) 820-0123 |*  
[www.homelessnottoothless.org](http://www.homelessnottoothless.org)  
Dozens of dentists providing free dental care!

#### **Impressive Dental Center**

*1435 South Vermont Avenue, Suite 202 | Los Angeles, CA 90006 | (213) 739-3096*  
\$10.00 Exam

#### **L.A. Mission Community Clinic**

*311 East Winston Street | Los Angeles, CA 90013 | (213) 893-1960 | [www.losangelesmission.org](http://www.losangelesmission.org)*  
Medical and dental. Medi-Cal accepted.

#### **UCLA Venice Dental Clinic**

*323 Lincoln Boulevard | Venice, CA 90292 | (310) 392-4103*  
Free examination with Medi-Cal.

#### **USC School of Dentistry**

*925 W. 34<sup>th</sup> St., DEN 4202 | Los Angeles, CA 90089 | (213) 740-1098*

## OTHER RESOURCES

Note: Several clients have reported problems with **West Central Dental** saying they suggest unnecessary services and charge on the spot.

Also see the Medical Clinics section below—many clinics provide both medical and dental services.

The California Dental Association lists low-cost dentist online: [www.cda.org/clinics](http://www.cda.org/clinics)

## DETOX

Medical detoxification from drugs and alcohol.

### **American Recovery Center**

2180 West Valley Blvd. | Pomona, CA 91768 | (909) 865-2336 | [www.bhs-inc.org/arc.html](http://www.bhs-inc.org/arc.html)  
\$200 admission plus \$15/day for 10 – 14 days.

### **Brotman Medical Center (Miracles)**

3828 Delmas Terrace | Culver City, CA 90232 | (310) 840-7020 | [www.brotmanmedicalcenter.com](http://www.brotmanmedicalcenter.com)

### **Clare Foundation**

1871 9th Street | Santa Monica, CA 90404 | (866) 452-5273 (toll-free) | [www.clarefoundation.org](http://www.clarefoundation.org)  
Detox services + recovery homes (one for men, one for women). Prefers clients start with their detox.

### **Glendale Adventist**

(818) 409-8379

### **Mission Community Hospital**

14850 Roscoe Blvd. | Panorama City, CA 91402 | (800) 608-4624 | [www.mchonline.org](http://www.mchonline.org)  
Medical detox.

### **Redgate Memorial Recovery Center**

1775 Chestnut Ave. Long Beach, CA 90813 (562) 599-8444 | [www.bhs-inc.org/rmrc.html](http://www.bhs-inc.org/rmrc.html)  
1-3 week waiting list. 14-day detox, \$200; no Medi-Cal

### **Tarzana Treatment Center – Medical Detox**

18646 Oxnard Street | Tarzana, CA 91356 | (800) 996-1051 | [www.tarzanatc.org](http://www.tarzanatc.org)

More + Orange County resources here: <http://www.costamesaclub.org/directory.htm>

## EMPLOYMENT SERVICES

### **Chrysalis Center**

516 South Main Street | Los Angeles, CA 90013 | (213) 806-6300  
1853 Lincoln Boulevard | Santa Monica, CA 90404 | (310) 401-9400  
[www.changelives.org](http://www.changelives.org)

Comprehensive job training and support.

### **Didi Hirsch Mental Health Services - Employment Services**

4760 South Sepulveda Boulevard | Culver City, CA 90230 | (310) 390-6612 | [www.didihirsch.org](http://www.didihirsch.org)  
Comprehensive job training and support.

### **Homeboy Industries**

130 W. Bruno St. | Los Angeles, CA 90012 | (323) 526-1254 | [www.homeboy-industries.org](http://www.homeboy-industries.org)

### **Los Angeles JobCorps Program**

## OTHER RESOURCES

1031 Hill Street | Los Angeles, CA 90015 | (800) 733-JOBS; (213) 748-0135 | [www.dol.gov/dol/accomplishments/ca.htm](http://www.dol.gov/dol/accomplishments/ca.htm)

Long-term academic, vocational, and skills training. Call 800-733-JOBS to get connected with admissions counselor. Eight months to two years of dorm housing available. Clean legal status required (e.g., no current probation). Ages 16 to 24; age limit waived for people with disabilities.

### **PATHFinders Job Center at the UAW-LETC WorkSource Center**

3965 South Vermont Avenue | Los Angeles, CA 90037 | (213) 743-3950, ext. 225 | [www.epath.org](http://www.epath.org)

### **TLC Vetap**

12329 Hawthorne Boulevard | Hawthorne, CA 90250 | (310) 973-2892

Vocational day center. Job-centered instruction and activities.

### **Transportation Communications Union (TCU)**

(213) 747-1433 (William H. Tennis) | [tcu.jobcorps.gov](http://tcu.jobcorps.gov)

Jobs training for JobCorps enrollees.

## FUNDING

### **L.A. County Department of Public Social Services (General Relief, CalWORKS, etc.)**

(562) 908-6603 | [www.ladpss.org](http://www.ladpss.org)

### **Medi-Cal**

(800) 541-5555 | [www.medi-cal.ca.gov](http://www.medi-cal.ca.gov)

### **Social Security Administration (SSI, SDI, SSDI) - 24-hour Info Line**

(800) 772-1213 | [www.ssa.gov](http://www.ssa.gov)

### **Social Security Administration (SSI, SDI, SSDI) - Local Office**

230 East Spruce Avenue | Inglewood, CA 90301 | (310) 215-2496

## HEARING AND VISUALLY IMPAIRED SERVICES

### **The Center for the Partially Sighted**

12301 Wilshire Blvd., #600 | Los Angeles, CA 90025 | (310) 458-3501 | [www.low-vision.org](http://www.low-vision.org)

### **Braille Institute**

741 N. Vermont Ave. | Los Angeles, CA 90029 | (323) 663-1111 | [www.brailleinstitute.org](http://www.brailleinstitute.org)

### **Greater Los Angeles Institute on Deafness**

2222 Laverna Ave. | Los Angeles, CA 90041 | (323) 478-8000 (voice), (323) 550-4226 (TTY) | [www.gladinc.org](http://www.gladinc.org)

### **St. John's Mental Health Services for Deaf and Hard-of-Hearing People**

1328 22<sup>nd</sup> Street | Santa Monica, CA 90404 | (310) 829-8921 (voice), (310) 829-8528 (TTY) | [www.stjohns.org](http://www.stjohns.org)

## HIV/AIDS SERVICES

### **Aid for AIDS**

8235 Santa Monica Boulevard, Suite 200 | West Hollywood, CA 90046 | (323) 656-1107 x201 | [www.aidforaids.net](http://www.aidforaids.net)

Provides assistance with rent and utility payments, offers housing case management and referrals to housing, transitional living, and emergency shelters.

### **AIDS Project LA (APLA)**

3550 Wilshire Boulevard | Los Angeles, CA 90010 | (213) 201-1600 | [www.apla.org](http://www.apla.org)

Offers a wide range of services for people with HIV and AIDS.

### **AIDS Service Center: Home Health Program**

1030 South Arroyo Parkway | Pasadena, CA 91105 | (626) 441-8495 | [www.aidservicecenter.org](http://www.aidservicecenter.org)

Case management, psychosocial services, housing assistance.

### **Alternatives - Glendale Memorial Hospital**

1420 South Central Avenue | Glendale CA 91204 | (800) DIAL-GAY (342-5429) |

[www.glendalememorialhospital.org](http://www.glendalememorialhospital.org)

Substance abuse and mental health treatment, specializing in HIV/AIDS. Medicare accepted.

### **C.A.R.E. Clinic**

1043 Elm Avenue, #300 | Long Beach, CA 90813 | (562) 624-4999

### **HIV/AIDS Hotline**

(800) 367-AIDS | [www.aidshotline.org](http://www.aidshotline.org)

Referrals to HIV/AIDS services throughout California.

### **HIV-L.A.**

[www.hivla.org](http://www.hivla.org)

HIV online service directory.

### **Los Angeles Gay & Lesbian Center**

1625 North Schrader Boulevard | Los Angeles, CA 90028 | (323) 993-7500 | [www.laglc.org](http://www.laglc.org)

Counseling offered on a sliding fee scale basis. Support groups, HIV care, anger management, case management and other services also available.

### **Early Intervention Program; Charles Drew University**

3209 North Alameda Street, Suite K | Compton, CA 90222 | (310) 761-8444

Primary HIV medical care.

### **Project New Hope**

1004 Echo Park Avenue | Los Angeles, CA 90026 | (213) 250-9481 | [www.projectnewhope.org](http://www.projectnewhope.org)

For clients living with HIV/AIDS, 141 beds located in San Pedro, Silver Lake, Santa Monica, South Los Angeles, Los Angeles, and Hollywood.

### **The Serra Project/CHOISS**

1245 East Walnut Street, Suite 106 | Pasadena, CA 91106 | (626) 403-4222 | [www.serraproject.org](http://www.serraproject.org)

Group homes and permanent supportive housing (CHOISS) for people with HIV/AIDS.

## INTERNET AND E-MAIL

### **Computer Access - Los Angeles Public Library**

(213) 228-7272 | [www.lapl.org/branches](http://www.lapl.org/branches)

## OTHER RESOURCES

Each library branch (locations listed at website) has computer for non-cardholders with 15 minute limit while others are waiting. You can get a library card—and access to more computers—with a photo ID.

### **Didi Hirsch Mental Health Services - The Excelsior/Jump Bulletin**

(310) 390-6612 | [www.didihirsch.org/services/adult/crisis\\_residential](http://www.didihirsch.org/services/adult/crisis_residential)

House news, client updates, success stories, and more. Write [EJB@didihirsch.org](mailto:EJB@didihirsch.org) to contribute or subscribe.

### **Free E-mail**

[www.gmail.com](http://www.gmail.com) | [www.yahoo.com](http://www.yahoo.com) | [www.hotmail.com](http://www.hotmail.com)

An easy, no-cost way to stay in touch.

## LEGAL SERVICES

### **Bet Tzedek**

145 South Fairfax Avenue, #200 | Los Angeles, CA 90036 | (323) 939-0506 | [www.bettzedek.org](http://www.bettzedek.org)

### **Homeboy Industries**

130 W. Bruno St. | Los Angeles, CA 90012 | (323) 526-1254 | [www.homeboy-industries.org](http://www.homeboy-industries.org)

### **Legal Aid**

445 South Figueroa Street | Los Angeles, CA 90071 | (213) 896-1781 | [www.lafla.org](http://www.lafla.org)

### **PATH Homeless Court**

340 North Madison Avenue | Los Angeles, CA 90004 | (323) 644-2200 | [www.epath.org](http://www.epath.org)

Enables people with non-violent misdemeanors to get their record cleared. Participants need to be PATH clients for at least 90 days to qualify. Contact the Access Center to find out most current date (occurs once a month at PATH).

### **Protection & Advocacy, Inc.**

3580 Wilshire Boulevard, Suite 902 | Los Angeles, CA 90010 | (800) 776-5746 | [www.pai-ca.org](http://www.pai-ca.org)

Legal advocacy for disability related issues—funding, housing, etc. “Advancing the rights of Californians with disabilities.”

## MEDICAL CLINICS

### **Airport Clinic**

9601 South Sepulveda (cross Century and 96th) | Los Angeles, CA 90045 | (310) 215-6020

Open 24 hours, walk-ins ok, accepts Medi-Cal

### **Centinela Medical Group**

933 N. Centinela Blvd. | Inglewood, CA 90302 | (310) 677-5090

Accepts Medi-Cal

### **Curtis R. Tucker Mental Health Center (DMH)**

123 West Manchester Boulevard | Inglewood, CA 90301 | (310) 419-5325

### **Dr. Leslie Paul**

3831 Hughes Ave., #705 | Culver City, CA 90230 | (310) 558-8600

Accepts Medi-Cal

### **Dr. Michael Kamiel**

3831 Hughes Ave | Culver City, CA 90230 | (310) 559-3663

Accepts Medi-Cal HMO only.

### **Eisner Pediatric & Family Medical Center**

1530 Olive St. | Los Angeles, CA 90015 | (213) 746-1037

Medical and dental.

### **El Dorado Community Services Center**

[www.eldoradocsc.org](http://www.eldoradocsc.org)

4450 West Century Blvd. | Inglewood, CA 90304 | (310) 671-0555

8346 Beverly Blvd. | Hollywood, CA 90048 | (323) 653-1677

2014 Lincoln Blvd. | Venice, CA 90291 | (310) 664-6388

Unfunded okay. Medical, mental health, and substance abuse services. Additional locations listed on website.

### **L.A. Free Clinic**

(323) 653-1990 | [www.lafreeclinic.org](http://www.lafreeclinic.org)

Beverly Clinic: 8405 Beverly Boulevard | Los Angeles, CA 90048

Hollywood Clinic: 6043 Hollywood Boulevard | Los Angeles, CA 90028

Hollywood Wilshire Health Center: 5205 Melrose Avenue | Los Angeles, CA 90038

### **L.A. Mission Community Clinic**

311 East Winston Street | Los Angeles, CA 90013 | (213) 893-1960 | [www.losangelesmission.org](http://www.losangelesmission.org)

Medical and dental. Medi-Cal accepted.

### **QueensCare Family Clinics**

1300 N. Vermont St., #1002 | Los Angeles, CA 90027 | (323) 953-7170 | [www.queenscare.org](http://www.queenscare.org)

Medical and dental care for the uninsured. Prefer no Medi-Cal.

### **Ruth Temple Health Center (DMH)**

3834 South Western Avenue | Los Angeles, CA 90062 | (310) 730-3507

### **St. John's Well Child & Family Center**

3800 S. Figueroa St. | Los Angeles, CA 90037 | (323) 541-1660 | [www.wellchild.org](http://www.wellchild.org)

Clinics in Los Angeles, Compton, and Lincoln Heights.

### **Venice Family Clinic**

604 Rose Avenue | Venice, CA 90291 | (310) 392-8636 | [www.venicefamilyclinic.org](http://www.venicefamilyclinic.org)

Unfunded & Medi-Cal.

## MENTAL HEALTH ADVOCACY/INFORMATION

### **Anxiety Disorders Association of America**

(240) 485-1001 | [www.adaa.org](http://www.adaa.org)

### **Depression and Bipolar Support Alliance**

(800) 826-3632 | [www.dbsalliance.org](http://www.dbsalliance.org)

### **Healthy Minds**

(888) 35-PSYCH | [www.healthyminds.org](http://www.healthyminds.org)

Info on variety of mental health topics from the American Psychiatric Association.

### **Living Independently in Los Angeles (LILA)**

[www.lila.ucla.edu](http://www.lila.ucla.edu)

Online resource database for people living with disabilities.

### **Long Beach Multi-Service Center**

1301 W. 12<sup>th</sup> Street | Long Beach, CA 90813 | (562) 733-1147 | [www.longbeach.gov](http://www.longbeach.gov)

Outreach, case management and housing placement services.

### **Los Angeles Coalition to End Hunger & Homelessness**

(213) 439-1070 | [www.lacehh.org](http://www.lacehh.org)

### **Los Angeles County Client Coalition**

695 South Vermont Avenue, 8th floor | Los Angeles, CA 90005 | (213) 251-6523

Information and advocacy for mental health clients. Membership is open to those who attend a monthly meeting.

### **National Alliance on Mental Illness (NAMI)**

(310) 478-8761 | [www.nami.org](http://www.nami.org)

Mental health info and advocacy.

### **National Institute of Mental Health (NIMH)**

[www.nimh.nih.gov](http://www.nimh.nih.gov)

Mental health info and research.

### **National Mental Health Awareness Campaign**

(877) 495-0009 | [www.nostigma.org](http://www.nostigma.org)

## OUTPATIENT SERVICES

*Therapy, psychiatry, case management, and other services.*

### **AIDS Project LA**

3550 Wilshire Boulevard | Los Angeles, CA 90010 | (213) 201-1600 | [www.apla.org](http://www.apla.org)

Offers a wide range of services for people with HIV and AIDS.

### **Airport Marina Counseling Center**

7891 La Tijera Boulevard | Westchester, CA 90045 | (310) 670-1410 | [www.airportmarina.org](http://www.airportmarina.org)

Psychiatric and counseling services for individuals, couples, and families. Parenting classes and psychological assessment available. Fees charged on an ability-to-pay basis.

### **Alcohol Center for Women (ACW)**

1147 South Alvarado Street | Los Angeles, CA 90006 | (213) 381-8500

### **Augustus Hawkins Mental Health**

1720 East 120<sup>th</sup> Street | Los Angeles, CA 90059 | (310) 668-4790

Outpatient counseling, psychiatry, case management.

### **Behavioral Health Services (BHS)**

(310) 679-9126 | [www.bhs-inc.org](http://www.bhs-inc.org)

Recovery centers throughout Los Angeles area provide outpatient substance abuse services. (BHS also runs detoxification and residential facilities.)

### **Beyond Shelter**

1200 Wilshire Boulevard | Los Angeles, CA 90017 | (213) 252-0772 | [www.beyondshelter.org](http://www.beyondshelter.org)

Temporary housing and case management for homeless families with children—variety of locations. Also, rental assistance for homeless parents (regardless of current contact with children). Clients call.

### **CAPPS After Care Program - UCLA Neuropsychiatric Institute**

300 Building Medical Plaza | Los Angeles, CA 90095 | (310) 794-7340 | [www.capps.ucla.edu](http://www.capps.ucla.edu)

Outpatient therapy for people 18-35 who are relatively new to the symptoms of mental illness. Research program pays participants around \$10/hr.

### **Cedars-Sinai Outpatient Services**

8730 Alden Drive | Los Angeles, CA 90048 | (310) 423-4715 | [www.cedars-sinai.edu/1638.html](http://www.cedars-sinai.edu/1638.html)

Variety of psychiatric services including outpatient, intensive outpatient, partial hospitalization, and dual diagnosis intensive outpatient. Accepts Medi-Cal, Medicare. Clients or staff refer.

### **Cornerstone**

## OTHER RESOURCES

14000 Oxnard Street | Van Nuys, CA 91411 | (818) 901-4836 | [www.sfvcmh.org/html/cornerstone.html](http://www.sfvcmh.org/html/cornerstone.html)

Walk-in drop-in center. Assistance with housing, groups, therapy, psychiatry. Meals, laundry, showers. No fee.

### **Didi Hirsch Mental Health Services**

4760 South Sepulveda Boulevard | Culver City, CA 90203 | (310) 390-6612 | [www.didihirsch.org](http://www.didihirsch.org)

Wide variety of services—counseling, case management, psychiatry, groups, and more—at several locations.

### **Downtown Mental Health**

529 Maple Ave. | Los Angeles, CA 90013 | (213) 430-6700

DMH outpatient.

### **Edelman Westside Mental Health**

11080 West Olympic Boulevard | Los Angeles, CA 90064 | (310) 966-6500

DMH outpatient.

### **ENKI – Pico Union**

2524 West 7th Street | Los Angeles, CA 90057 | (213) 480-1557

Case management, outpatient services.

### **Hollywood Community Hospital of Van Nuys Outpatient**

14433 Emelita Street | Van Nuys, CA 91401 | (800) 565-0558

Partial hospitalization (five days a week, four groups per day, one to three months) and intensive outpatient services. Medicare required. Staff or clients refer.

### **Hollywood Mental Health**

1224 Vine Street | Los Angeles, CA 90038 | (323) 769-6100

DMH outpatient.

### **Homeless Health Care (HHCLA)**

2330 Beverly Boulevard | Los Angeles, CA 90057 | (213) 744-0724 | [www.hhcla.org](http://www.hhcla.org)

Wide ranging outpatient services—therapy, psychiatry, groups, case management, referrals. All qualify for services.

### **Jewish Family Services of Los Angeles**

6505 Wilshire Blvd., Suite 500 | Los Angeles, CA 90048 | (323) 761-8800 | [www.jfsla.org](http://www.jfsla.org)

Wide variety of counseling services at several locations.

### **Los Angeles County Department of Mental Health**

(800) 854-7771 | [dmh.lacounty.gov](http://dmh.lacounty.gov)

Locations for outpatient services throughout the county. Call hotline to find nearest site.

### **Los Angeles Gay & Lesbian Center**

1625 North Schrader Boulevard | Los Angeles, CA 90028 | (323) 993-7500 | [www.laglc.org](http://www.laglc.org)

Counseling offered on a sliding fee scale basis. Support groups, HIV care, anger management, case management and other services also available.

### **The Maple Counseling Center**

9107 Wilshire Boulevard, Lower Level | Beverly Hills, CA 90210 | (310) 271-9999 | [www.mpcc.org](http://www.mpcc.org)

Long-term therapy. Fees on sliding scale. Requires one year commitment. Has been known to refer substance users to other treatment.

### **Ocean Park Community Center (OPCC)**

1453 16th Street | Santa Monica, CA 90404 | (310) 264-6646 | [www.opcc.net](http://www.opcc.net)

Network of services and shelters (including Daybreak, Samoshel, and Turning Point).

### **Pacific Asian Counseling Services**

8616 La Tijera Boulevard, #200 | Los Angeles, CA 90045 | (310) 337-1550 | [www.pacsla.org](http://www.pacsla.org)

Sliding scale counseling with an expertise in immigrant Asian Pacific Islanders. Additional locations in Long Beach and Van Nuys.

### **Pacific Clinics**

909 South Fair Oaks Avenue | Pasadena, CA 91105 | (818) 795-8471 | [www.pacificclinics.org](http://www.pacificclinics.org)

Outpatient therapy, psychiatry, clubhouses, and case management at wide range of locations.

### **Pacific Resources**

4201 Long Beach Boulevard, #230 | Long Beach, CA 90807 | (562) 988-1000

Therapy and psychiatry; accepts Medi-Cal

### **Pasadena Recovery Center**

1811 N. Raymond Ave | Pasadena, CA 91103 | (626) 345-9992 | [www.pasadenarecoverycenter.com](http://www.pasadenarecoverycenter.com)

Intensive outpatient program (3 days a week, 3 hours a day) accepts Medi-Cal. (Also runs inpatient program—private insurance only.)

### **PATH Gateways**

340 North Madison Avenue | Los Angeles, CA 90004 | (323) 644-2200 | [www.epath.org](http://www.epath.org)

Counseling, psychiatry, case management and other services.

### **Prototypes**

6097 Sunset Boulevard | Hollywood, CA 90027 | (323) 463-6281 | [www.prototypes.org](http://www.prototypes.org)

Mental health services at a variety of Los Angeles area locations.

### **Rosa Parks Sexual Assault Crisis Center**

4182 South Western Avenue | Los Angeles, CA 90062 | (323) 290-4119

### **San Fernando Valley Community Mental Health Center**

(818) 901-4830 | [www.sfvcmhc.org](http://www.sfvcmhc.org)

Lots and lots of services including many varieties of case management—FSP, TAY, etc. (SFVCMHC runs Cornerstone and the Harbour.)

### **Southern California Counseling Center**

5615 West Pico Boulevard Los Angeles, CA 90019 | (323) 937-1344 | [www.sccc-la.org](http://www.sccc-la.org)

Individual and group therapy offered on a sliding-scale basis; no psychiatry.

### **SPIN (Serving People in Need)**

151 Kalmus Drive | Suite H-2 Costa Mesa, CA 92626 | (714) 751-1101 x18 | [www.spinoc.org](http://www.spinoc.org)

For clients who are ready to return to work immediately. Orange County agency will place clients in a sober living; clients have to go to 12-step meetings and find work within two weeks. Focus is addiction and homelessness, not dual diagnosis.

### **St. Joseph's Homeless Service Center**

404 Lincoln Boulevard | Venice, CA 90291 | (310) 399-6878 x407 | [www.stjosephctr.org](http://www.stjosephctr.org)

Emergency services, including shower, laundry, mail, clothing, counseling, and case management. All services provided free of charge. Orientation 8am M-F.

### **Step-Up on Second**

2701 Ocean Park Boulevard, #150B Santa Monica, CA 90405 | (310) 392-9474 |

[www.stepuponsecond.org](http://www.stepuponsecond.org)

Psychotherapy, case management, drop-in center, and other services.

### **The Village**

456 Elm Avenue | Long Beach, CA 90802 | (562) 437-6717 | [www.village-isa.org](http://www.village-isa.org)

### **West Central Mental Health**

3751 Stocker Street | Los Angeles, CA 90008 | (323) 298-3680  
DMH outpatient.

### **Will Baum, LCSW Psychotherapy**

Silver Lake and Beverly Hills | (323) 610-0112 | [www.willbaum.com](http://www.willbaum.com)

Former Excelsior House Program Coordinator/Therapist; sliding scale; accepts Medicare; please have counselor make referral.

Some additional outpatient programs are listed here: [www.aging.ucla.edu/dir04.html](http://www.aging.ucla.edu/dir04.html)

## PAPERWORK SUPPORT

### **Bacup (Benefits Assistance Clients Urban Project)**

1138 Wilshire Boulevard, #207 | Los Angeles, CA 90057 | (213) 368-1888 | [www.bacup.net](http://www.bacup.net)  
Help with Social Security forms.

## PHONE HOTLINES

### **Adult Protective Services**

(310) 744-6072 or (310) 399-9213 | [www.ladcss.org/APS/APStxt.htm](http://www.ladcss.org/APS/APStxt.htm)

### **Child Protective Services**

(800) 540-4000 | <http://dcfs.co.la.ca.us/>

### **Didi Hirsch Mental Health Services' 24-hour suicide prevention Crisis Line**

(877) 727-7CRISIS (727-4747) - Toll free in L.A. and Orange Counties | [www.didihirsch.org](http://www.didihirsch.org)

### **Family Crisis Center**

(310) 379-3620 | [www.1736familycrisiscenter.org](http://www.1736familycrisiscenter.org)

### **Friendship Line**

(888) 448-9777 | [www.mhala.org/friendship-line.htm](http://www.mhala.org/friendship-line.htm)

Client-run, peer support, non-crisis "warmline" for people coping with mental illness. Call for supportive, caring, non-judgmental talk 6pm-10pm weekdays; 2pm-10pm weekends and holidays.

### **HIV/AIDS Hotline**

(800) 367-AIDS | [www.aidshotline.org](http://www.aidshotline.org)

Referrals to HIV/AIDS services throughout California.

### **Los Angeles County Department of Mental Health Access Center**

(310) 268-2505 or (800) 854-7771 | [dmh.lacounty.gov](http://dmh.lacounty.gov)

DMH Access hotline offers information about and referrals to local mental health system of care, 24 hours a day, 7 days a week.

### **National Domestic Violence Hotline**

(800) 799-SAFE | [www.ndvh.org](http://www.ndvh.org)

### **National Suicide Prevention Lifeline**

(800) 273-TALK (273-8255) | [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

### **OMNI Helpline**

(800) 235-1191

Housing referrals.

### **Rape Crisis, Battering and Domestic Violence 24-hour Hotlines**

(626) 793-3385 | (310) 392-8381 | (213) 626-3393

**Self-Help Recovery and Exchange (SHARE)**

5521 Grosvenor Boulevard | Los Angeles, CA 90066 | (310) 305-8878 | [www.shareselfhelp.org](http://www.shareselfhelp.org)  
Referrals to wide range of self help support groups including 12-steps.

## **PSYCHIATRIC EMERGENCY TREATMENT (PET) TEAMS**

**All Care Behavioral Health**

(818) 789-4744

**College Hospital**

(800) 352-3301

**County Crisis Line**

(800) 854-7771 (TRY FIRST)

**Department of Mental Health PET Team**

(213) 430-6800

**Emergency Outreach Bureau, Service Area 5**

(310) 268-2519 during business hours

**L.A. Metro**

(800) 787-4357

**L.A. Smart Team**

(213) 485-3375

**St. Francis Hospital PET Team**

(310) 900-8210

## **PSYCHIATRIC HOSPITALS**

Psychiatric hospitals in the greater Los Angeles area.

**Atascadero State Hospital**

10333 El Camino Real | Atascadero, CA 93422 | (805) 468-2000 | [www.dmh.ca.gov/Services\\_and\\_Programs/State\\_Hospitals/Atascadero/Default.asp](http://www.dmh.ca.gov/Services_and_Programs/State_Hospitals/Atascadero/Default.asp)

**Bellflower Medical Center**

9542 Artesia Blvd. | Bellflower, CA 90706 | (562) 867-2548 | [www.bellflowermedicalctr.com](http://www.bellflowermedicalctr.com)

**Brotman Medical Center**

3828 Delmas Terrace | Culver City, CA 90232 | (310) 836-7000 | [www.brotmanmedicalcenter.com](http://www.brotmanmedicalcenter.com)

**Cedars-Sinai Medical Center**

8700 Beverly Boulevard | Los Angeles, CA 90048 | (310) 423-3277 | [www.csmc.edu](http://www.csmc.edu)

**Citrus Valley Medical Center**

210 W. San Bernardino Road | Covina, CA 91723 | (626) 331-7331 | [www.cvhp.org](http://www.cvhp.org)

**College Hospital of Costa Mesa**

301 Victoria Street | Costa Mesa CA 92627 | (949) 642-2734 | [www.collegehospitals.com/cm/cmsservice.html](http://www.collegehospitals.com/cm/cmsservice.html)

## OTHER RESOURCES

### **Community Hospital of Long Beach**

1720 Termino Avenue | Long Beach, CA 90804 | (562) 498-1000 | [www.chlb.org](http://www.chlb.org)

### **Del Amo Hospital**

23700 Camino del Sol | Torrance, CA 90505 | (310) 530-1151 | [www.delamotreatment.com](http://www.delamotreatment.com)

### **Glendale Adventist Medical Center**

1509 Wilson Terrace | Glendale, CA 91203 | (818) 409-8000 | [www.glendaleadventist.com](http://www.glendaleadventist.com)

### **Harbor-UCLA Medical Center**

1000 West Carson Street | Torrance, CA 90502 | (310) 222-2345 | [www.humc.edu](http://www.humc.edu)

### **Henry Mayo Newhall Memorial Hospital**

23845 McBean Parkway | Valencia, CA 91355 | (661) 253-8326 | [www.henrymayo.com](http://www.henrymayo.com)

### **Hollywood Community Hospital of Van Nuys**

14423 Emelita Street | Van Nuys, CA 91401 | (818) 787-1511

### **Huntington Hospital**

100 W. California Blvd. | Pasadena, CA 91105 | (626) 397-5000 | [www.huntingtonhospital.com](http://www.huntingtonhospital.com)

### **Mission Community Hospital**

14850 Roscoe Blvd. | Panorama City, CA 91402 | (818) 787-2222 | [www.mchonline.org](http://www.mchonline.org)

### **Los Angeles County USC Medical Center**

2020 Zonal Avenue | Los Angeles, CA 90089 | (323) 442-1100 | [www.usc.edu/schools/medicine/patient\\_care/hospitals\\_clinics/lacusc\\_medical.html](http://www.usc.edu/schools/medicine/patient_care/hospitals_clinics/lacusc_medical.html)

### **Los Angeles Metropolitan Medical Center (L.A. Metro)**

2231 South Western Avenue | Los Angeles, CA 90018 | (323) 730-7300 | [www.lammc.com](http://www.lammc.com)

### **Metropolitan State Hospital**

11401 Bloomfield Avenue | Norwalk, CA 90650 | (562) 863-7011 | [www.dmh.ca.gov/Services\\_and\\_Programs/State\\_Hospitals/Metropolitan/default.asp](http://www.dmh.ca.gov/Services_and_Programs/State_Hospitals/Metropolitan/default.asp)

### **Pacific Hospital of Long Beach**

2776 Pacific Avenue | Long Beach, CA 90806 | (562) 997-2000 | [www.phlb.org](http://www.phlb.org)

### **Pacifica Hospital of the Valley**

9449 San Fernando Road | Sun Valley, CA 91352 | (818) 767-3310 | [www.pacificahospital.com](http://www.pacificahospital.com)

### **Patton State Hospital**

3102 East Highland Avenue | Patton, CA 92369 | (909) 425-7000 | [www.dmh.ca.gov/Services\\_and\\_Programs/State\\_Hospitals/Patton/default.asp](http://www.dmh.ca.gov/Services_and_Programs/State_Hospitals/Patton/default.asp)

### **Resnick Neuropsychiatric Hospital at UCLA**

760 Westwood Plaza | Los Angeles, CA 90024 | (310) 825-9989 | [www.healthcare.ucla.edu/npih](http://www.healthcare.ucla.edu/npih)

### **Torrance Memorial Medical Center**

3330 Lomita Blvd. | Torrance, CA 90505 | (310) 325-9110 | [www.torrancememorial.org](http://www.torrancememorial.org)

### **St. Francis Medical Center**

3630 E. Imperial Highway | Lynwood, CA 90262 | (310) 900-8900 | [www.stfrancismedicalcenter.org](http://www.stfrancismedicalcenter.org)

### **White Memorial Medical Center**

1720 Cesar E. Chavez Ave. | Los Angeles, CA 90033 | (323) 268-5000 | [www.whitememorial.com](http://www.whitememorial.com)

## TATTOO REMOVAL

### Homeboy Industries

130 W. Bruno St. | Los Angeles, CA 90012 | (323) 526-1254 | [www.homeboy-industries.org](http://www.homeboy-industries.org)

## TRANSPORTATION

### Access Paratransit

(800) 827-0829 | [www.asila.org](http://www.asila.org)

Transportation made cheap and easy. A great deal. Apply on-line or call number above.

### Amermedical Response

(626) 808-2100

Must have Medi-Cal.

### Metropolitan Transportation Authority (MTA)

(800) 266-6883 | [www.mta.net](http://www.mta.net)

Buses and subways throughout L.A. Use number or website to help plan routes.

## TWELVE-STEP PROGRAMS/SUPPORT GROUPS

### Alcoholics Anonymous

4311 Wilshire Boulevard | Los Angeles, CA 90010 | (323) 936-4343; (800) 923-8722 | [www.laocaa.org](http://www.laocaa.org)

### Cocaine Anonymous

(310) 216-4444 | [www.ca4la.org](http://www.ca4la.org)

### Crystal Meth Anonymous

(213) 488-4455 | [www.crystalmeth.org](http://www.crystalmeth.org)

### Dual Recovery Anonymous

(877) 883-2332 | [www.draonline.org](http://www.draonline.org)

Twelve-step groups tailored for people suffering from mental illness. Calls usually get answering machine.

### Gamblers Anonymous

(213) 386-8789 | [www.gamblersanonymous.org](http://www.gamblersanonymous.org)

### Narcotics Anonymous

(818) 773-9999 | [www.na.org](http://www.na.org)

### Project Return: The Next Step

(323) 346-0960 x210 | [www.prtns.org](http://www.prtns.org)

Client-run peer support programs include self-help clubs, community activities, and wellness centers.

### Recovery Inc.

(312) 337-5661 | [www.recovery-inc.org](http://www.recovery-inc.org)

### Schizophrenics Anonymous

(323) 346-0960 | [www.sanonymous.com](http://www.sanonymous.com)

Support groups for people diagnosed with schizophrenia.

## VETERANS SUPPORT

## OTHER RESOURCES

### **Veterans Administration (West Los Angeles)**

*11301 Wilshire Boulevard | Los Angeles, CA 90073 | (310) 478-3711 | [www.losangeles.va.gov](http://www.losangeles.va.gov)*  
Services of all kinds for armed services veterans.