



“EACH TIME I PICK UP THE
LINE TO LISTEN, TO CARE,
I KNOW THAT IF I GIVE A
LITTLE BIT OF HOPE,
IT MIGHT BE ENOUGH TO
HELP THAT PERSON’S LIFE.”

Rosalind Lee
Crisis Line volunteer since 2002

DIDI HIRSCH
COMMUNITY MENTAL HEALTH CENTER
ANNUAL REPORT 2005-2006

give

give
of yourself.
help
those in need.

A LITTLE HELP FROM OUR FRIENDS, JULY 1, 2005 – JUNE 30, 2006

Dear Friends,

Almost half of us will suffer from a diagnosable mental illness at some point in our lifetime—anxiety, depression, attention deficit disorder, social phobia, schizophrenia, etc. During those times, friends can make all the difference in the world, whether by fixing a broken faucet, taking our kids for the weekend or helping us find a therapist. Friends are a powerful force.

For more than sixty years, that same power has helped Didi Hirsch grow and evolve. Our clients and their families, and our staff and volunteers are our core. Courageous politicians, eloquent writers, and people who share their stories, despite stigma and discrimination, also have been vital. Together, we have erased despair and restored hope.

Who better to tell Didi Hirsch's story than our friends, in their richly diverse voices? In previous Annual Reports, we featured our staff and clients. This year, we highlight a few of our volunteers, but there are so many more. At least 170, such as *Moving Up*—a group of women who find a job for every woman living at Via Avanta who wants one; and our Suicide Prevention Center pioneers, Mickey Heilig, Dr. Robert Litman, and Dr. Norman Farberow, who, since their "retirement," have helped train hundreds of crisis line counselors.

This assignment was an unsettling role reversal for our volunteers. They like to focus on others. They aren't very comfortable in the limelight. Giving comes so naturally that they balked at the thought of our making a big deal about them. So as you read, bear in mind that they deserve much more credit than this Annual Report reveals. How many of us would donate our Saturday and Sunday mornings after five long days at both work and college? How many of us would be preoccupied with getting back to our volunteer work while recovering from a serious accident?

OUR VOLUNTEERS ARE AS RELIABLE AND STEADY AS A HEARTBEAT. AND THEY ARE AS ESSENTIAL. SO ARE FRIENDS LIKE YOU. THANK YOU FOR ALL THAT YOU GIVE—WHETHER IT BE IN-KIND DONATIONS, FINANCIAL SUPPORT, EXPERTISE OR ADVOCACY.



Andrew E Rubin
CHAIR, BOARD OF DIRECTORS



Kita S. Curry, Ph.D.
PRESIDENT/CEO



giveopportunity

“WHEN I FIRST GOT INVOLVED WITH DIDI HIRSCH, I KNEW THERE WAS A CRITICAL NEED FOR ITS PROGRAMS. AS A LONGTIME INGLEWOOD RESIDENT, I’VE DONE ALL I CAN TO CONNECT DIDI HIRSCH WITH THE SOUTH LOS ANGELES AND INGLEWOOD COMMUNITIES BECAUSE IT IS CLEAR THAT THE NEED IS GREAT AND THE RESOURCES FEW. TODAY, DIDI HIRSCH IS A HAVEN IN THESE COMMUNITIES.”


Nathaniel Jackson, Ph.D., Board Member since 1996

Nate has spent much of his life helping others. Whether as a community leader, Air Force psychologist, father, or educator, Nate strongly believes in helping others by giving them the right tools to overcome any obstacle.

As an educator and college administrator, he has mentored several generations of young people, encouraging them to tap into the best parts of themselves in the face of adversity. As a community activist for organizations such as the NAACP and the Urban League, Nate has helped reduce economic, social, political, educational, and racial inequality.

As a member of Didi Hirsch’s Board of Directors for more than a decade, Nate has helped the agency form critical alliances with key leaders in the South Los Angeles and Inglewood communities. Through these relationships, Didi Hirsch has been able to bring services to individuals and families in these neighborhoods, which are the most underserved in Los Angeles County. The programs include child and family counseling, parenting classes, short-term crisis residential programs, and psychiatric services for severely mentally ill children and adults.

At our Inglewood Center, four out of every five adults suffering from mental illnesses have improved their quality of life. Since beginning treatment, they have been able to better manage their symptoms, adhere to medication regimens, and live independently.

A photograph of a woman with dark hair, smiling warmly. She is wearing a brown cardigan over a white top. The background shows a wooden fence and a hazy mountain range under a clear sky.

“EVEN IF I DON’T WORK DIRECTLY WITH CLIENTS, I FEEL GOOD KNOWING THAT ALL THE THINGS I DO, IT’S FOR THEM. THEY’RE AT THE HEART OF EVERYTHING. IF I HELP BREAK STIGMA BY GETTING THE WORD OUT THERE, MAYBE MORE PEOPLE WHO NEED HELP WILL FEEL COMFORTABLE ENOUGH TO GET IT.”

*Denise Valdez,
Development volunteer since 2004*

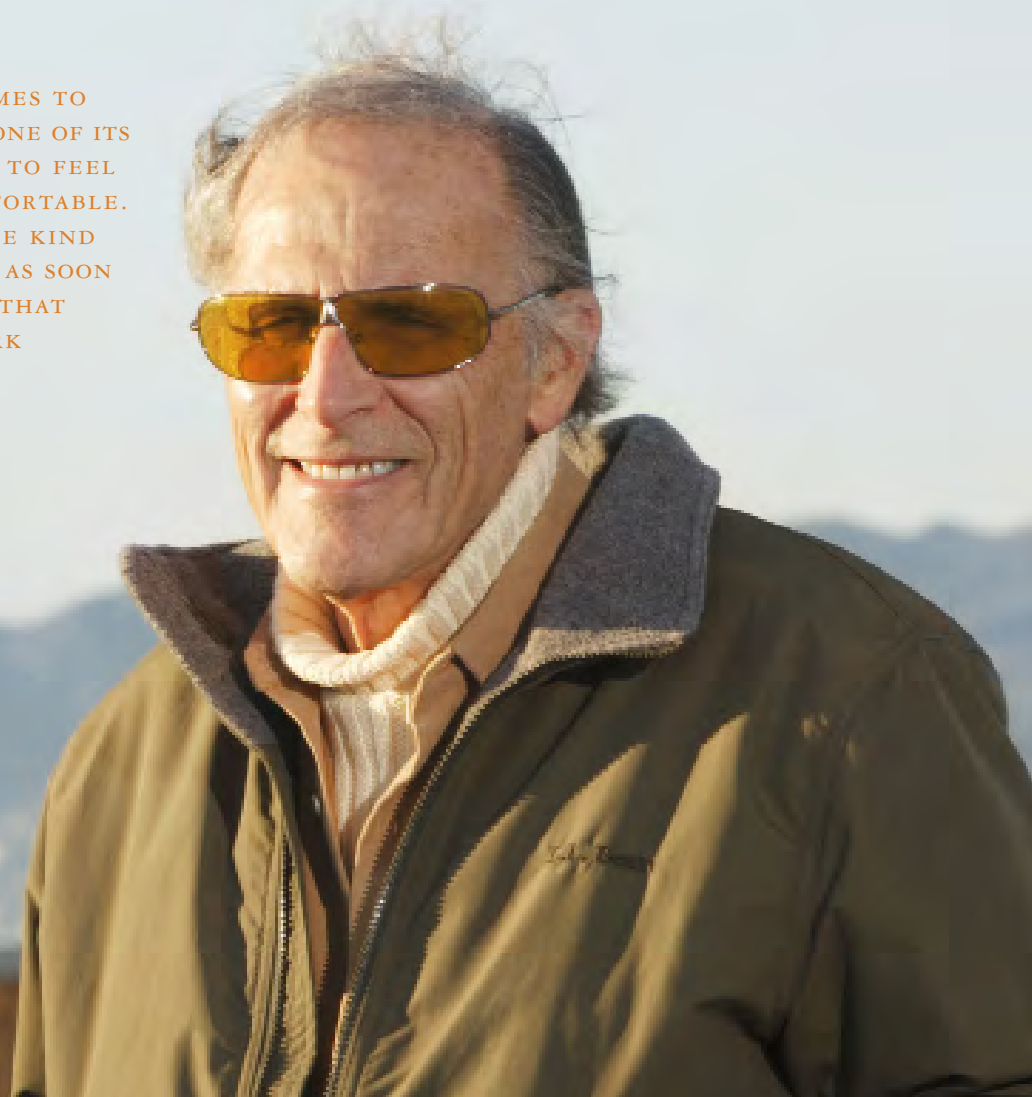
givesupport

While employed as a billing clerk at Didi Hirsch, Denise went above and beyond by volunteering with the Development Department to help plan the *Erasing the Stigma Leadership Awards* and the *Alive & Running for Suicide Prevention 5K/10K*. Dedicated to helping promote the Center’s programs, Denise was up as early as 6:00 a.m. on many Sunday mornings to hand out *Alive & Running* brochures at race sites across Los Angeles.

Last year, Didi Hirsch’s Erasing the Stigma Leadership Awards raised more than \$350,000 to help fund a wide array of the agency’s programs and services, while the Alive & Running for Suicide Prevention 5K/10K had a record-breaking number of participants and raised nearly \$100,000 for the agency’s suicide prevention services.

“WHEN SOMEONE WHO COMES TO DIDI HIRSCH WALKS INTO ONE OF ITS BUILDINGS, I WANT THEM TO FEEL WELCOME, WANTED, COMFORTABLE. I WANT THEM TO FEEL THE KIND OF CARE THEY’LL RECEIVE AS SOON AS THEY WALK IN. I KEEP THAT IN MIND EACH TIME I WORK ON A PROJECT.”

*Robert Zigman,
volunteer since 1998*



givecomfort

Bob has worked with Didi Hirsch on the renovation of several centers, including Excelsior House, Jump Street, and Via Avanta. Most recently, he collaborated with Didi Hirsch on the renovation of the S. Mark Taper Foundation Center, formerly known as Manchester Center. His company, Jensen/Zigman Construction, led the job from start to finish and worked around the clock to guarantee that the facility would be up and running as soon possible. With all the work Bob has done with Didi Hirsch, he has handled many unanticipated challenges pro-bono. Even after completing projects, Bob continues to lend his time and expertise. He offers tips to cut maintenance costs and uses his years of experience to connect Didi Hirsch to a variety of building contractors when emergency repairs are needed.

After the renovation of our S. Mark Taper Foundation Center, we provided 20 percent more clients with counseling, parenting classes, and psychiatric services.



givepotential

“I DON’T KNOW WHERE I WOULD BE WITHOUT DIDI HIRSCH. FOR MORE THAN 15 YEARS, DIDI HIRSCH HAS BEEN THERE FOR ME, AND THIS IS MY WAY OF GIVING BACK. NOW, I WANT TO BE A POSITIVE ROLE MODEL FOR OTHER CLIENTS - HELP THEM BELIEVE IN THEMSELVES, SHOW THEM THAT THERE’S A BETTER QUALITY OF LIFE, PROVE THAT THEY CAN NOT ONLY GET BETTER BUT THAT THEY CAN ACHIEVE WHATEVER THEY WANT TO ACHIEVE.”


Rosemary Riley, Quality Assurance volunteer since 2005

Rosie did not set out to be a role model, but because of her advocacy on behalf of those with mental illness as well as the success of her treatment, that is exactly what she has become.

Rosie was diagnosed nearly two decades ago, and since then has made a steady climb up a steep mountain. She never would have imagined that she would be asked to speak at Antioch University, where she gave future mental health professionals her perspective on what it means to live with mental illness. Additionally, she graduated from the peer advocacy program at the Westside Center for Independent Living and interned at Daybreak, a women’s homeless shelter.

At Didi Hirsch, Rosie not only writes newsletter articles for the Clubhouse, a psychosocial program for adults suffering from chronic mental illnesses, she also volunteers her time collecting satisfaction surveys from clients. Most importantly, Rosie serves as a mentor for fellow clients, using her story to give them guidance and hope.

98 percent of our clients said they would refer a friend in need.



“WHAT I’M REALLY HERE TO DO IS TO TEACH JOY – PURE AND SIMPLE. SHOULDN’T EVERYONE FEEL THAT?”


THE CLIENTS FACE SO MANY CHALLENGES THAT SOMETIMES, IT’S HARD FOR THEM TO FEEL GOOD ABOUT LIFE. I TRY TO BRING THEM BACK TO THAT HAPPINESS, WHETHER IT’S THROUGH GOING WITH THEM ON OUTINGS, LEADING A FITNESS CLASS, OR HELPING THEM LEARN TO BE INDEPENDENT.”

*Khaki Sheybany,
Clubhouse volunteer since 1994*

givejoy

A longtime volunteer, Khaki helped build the Clubhouse program from the ground up, working closely with Didi Hirsch staff to create a program that helps adults with chronic mental illnesses live full and independent lives. Today, she shares her love of healthy living with Clubhouse clients by leading a cardio fitness class and helping them create nutritious meal plans.

With the help of dedicated staff and volunteers like Khaki, Clubhouse members have raised their activity levels. In fact, nine out of ten members are now well-educated about fitness and nutrition, with more than half of all members participating in the program’s weekly cardio fitness class.



“IT’S NOT JUST ABOUT SHOWING THE WOMEN HOW TO PROTECT THEMSELVES AGAINST ASSAILANTS. IT’S SO MUCH MORE. IT’S ABOUT SHOWING THEM THAT THEY DON’T HAVE TO BE VICTIMS, EMPOWERING THEM TO FIGHT FOR THEMSELVES, AND GIVING THEM THE CONFIDENCE THEY NEED TO OVERCOME ANY OBSTACLE. THAT IS WHY I DO IT.”

Tim Plunkett,

Via Avanta volunteer since 2002

givestrength

As a certified black belt and self defense instructor, Tim trains people from all walks of life. From law enforcement personnel to high school teenagers, senior citizens and corporate employees, the high demand for his services keeps Tim on the go. But, no matter how busy he gets, he sets aside time twice a month to teach basic, practical self defense to the Via Avanta women, many of whom are victims of domestic and child abuse.

Two-thirds of the women of Via Avanta, our residential substance abuse program, graduated with stable housing, regained custody of their children, and are now prepared for steady work.



givehope

“AFTER A GOOD FRIEND TOOK HER LIFE, I ASKED MYSELF IF I COULD HAVE DONE MORE. WHEN I FOUND THE CRISIS LINE, I REALIZED THAT I STILL COULD DO MORE. EACH TIME I PICK UP THE LINE TO LISTEN, TO CARE, I KNOW THAT IF I GIVE A LITTLE BIT OF HOPE, IT MIGHT BE ENOUGH TO HELP THAT PERSON’S LIFE.”

Rosalind Lee, Crisis Line volunteer since 2002

Since she was a child, Rosalind’s parents instilled in her a sense of activism and philanthropy. In fact, by the time she finished high school, Rosalind had already volunteered for nearly a dozen organizations, ranging from animal shelters to convalescent homes.

After a close friend from college took her life, Rosalind took up a new cause. She found Didi Hirsch’s Suicide Prevention Center and turned her grief into action.

Her experience as a volunteer on the crisis line has given her a new direction in life. She is currently pursuing a master's degree in clinical psychology at Pepperdine University. Grateful for the meaning and insight that being a crisis counselor gives her, Rosalind continues to volunteer on the line even with her challenging school schedule.

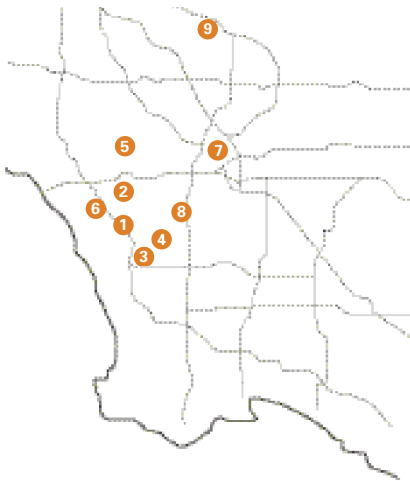
Last year, our 24-hour suicide prevention Crisis Line helped 15,000 callers between the ages of 6 and 92.

our family of services

adult services

emergency services

AT 9 SITES ACROSS LOS ANGELES, DIDI HIRSCH PROGRAMS AND SERVICES ARE AVAILABLE TO HELP PEOPLE AT EACH STAGE OF LIFE, IN EVERY TIME OF NEED.



1. Headquarters
2. Culver-Palms Center
3. Excelsior House
4. Inglewood Center
5. Jump Street
6. Mar Vista Center
7. Metro Center
8. S. Mark Taper Foundation Center
9. Via Avanta

CAREGIVERS SUPPORT GROUPS

We offer support groups for the caregivers of older adults with Alzheimer's disease or some other forms of dementia, as well as for people caring for frail elderly family members.

CLUBHOUSE

A drop-in program open five days a week, the Clubhouse provides support, social opportunities, and skill building activities for adults with chronic mental illnesses. Members can participate in group activities which help to reduce feelings of isolation, take a variety of computer classes, and contribute to a Clubhouse newsletter. The group is self governing, with guidance and support from staff members, who also offer therapy groups.

CRISIS RESIDENTIAL CARE

Jump Street and Excelsior House are crisis residential treatment centers, providing a 28-day program for adults who are experiencing serious problems due to mental illnesses. Residents may have been homeless or at risk of homelessness; the program helps get them stabilized, and provides treatment for their mental illnesses. The program also helps clients find long-term housing and connects them to on-going treatment programs.

EMPLOYMENT SERVICES

This program helps adults with chronic mental illnesses find a job. Clients learn computer skills, resume building, and interview strategies, such as how to dress appropriately for job interviews. After finding employment, clients continue to receive supportive services to help them be successful in the workplace.

INTENSIVE MENTAL HEALTH SERVICES

At our Inglewood and Culver-Palms Centers, we provide specialized services for adults with serious mental illnesses, which have led to frequent hospitalizations or homelessness. Staff members work with clients in community settings such as work, home, hospitals, and court to help them remain in the community and achieve the highest possible level of functioning. Staff members have small caseloads to ensure individualized attention to meet clients' needs, and services are provided multiple times per week if needed.

OUTPATIENT TREATMENT

Programs at our headquarters and Inglewood Center provide outpatient mental health services to adults with serious mental illnesses, including schizophrenia, bipolar disorder, and severe depression. Our trained mental health staff provides individual and group therapy, case management, and psychiatric medication management.

SHORT-TERM CRISIS COUNSELING AND CRISIS INTERVENTION

We provide immediate access to short-term counseling for individuals and families experiencing a crisis following a life-changing event, such as the death of a loved one, loss of a job, assault, or life-threatening illness. We also provide short term counseling for those who are overcome with thoughts, feelings, or habits that were once manageable and now seem out of control. These thoughts or feelings can range from excessive worry to phobias to inability to cope with a loss.

24-HOUR SUICIDE PREVENTION CRISIS LINE

We operate Los Angeles County's only 24-hour suicide prevention crisis line, for people of all ages at risk of suicide. Our crisis line is also a resource for callers who are worried that someone they know may be suicidal, as well as for law enforcement agencies, who receive crisis response training from our suicide prevention experts.

SUICIDE PREVENTION OUTREACH AND EDUCATION

Staff and volunteers bring suicide education, awareness, and prevention to underserved communities. They provide educational presentations to schools, churches, community groups, as well as to hospitals, counseling centers, and other clinical settings. We teach those already working in these communities how to train their staff about the warning signs of suicide and how to respond if someone needs help.

SURVIVORS AFTER SUICIDE PROGRAM

This program offers support for people who have lost a loved one to suicide, including 8-week groups, monthly drop-in groups, and telephone counseling. In addition, the program's Suicide Response Team works closely with the Crisis Response Team of the Los Angeles City Mayor's Office to offer immediate crisis counseling at the scene of a suicide. These trained members comfort families and connect them to community resources that will help them when loneliness and despair seem overwhelming.

family services

ASSISTANCE TO ABDUCTED CHILDREN AND THEIR FAMILIES

Didi Hirsch is a founding member of the Los Angeles Child Abduction Task Force, a multidisciplinary team which includes the Los Angeles County Department of Child and Family Services, the Los Angeles City District Attorney's Office, local law enforcement bureaus, and the Federal Bureau of Investigation. The task force works to find, reunite, and counsel children and families who have been affected by abduction.

CALWORKS

We provide assessment and mental health treatment for people on public assistance, through a state program that helps reduce the barriers to employment and increase self-sufficiency.

CHILD ALERT

This program offers specialized mental health services for children who have experienced or are at risk of physical, sexual, or emotional abuse or neglect. The program helps children and families to cope with the resulting problems, and also to prevent further instances of abuse. We provide outpatient services including assessment, individual, group, and family psychotherapy, parenting education groups, psychiatric medication management, and case management for children and parents.

OUTPATIENT MENTAL HEALTH SERVICES FOR CHILDREN AND FAMILIES

Programs at our headquarters, Metro, Inglewood, Mar Vista and S. Mark Taper Foundation Centers provide outpatient mental health services to children and youth experiencing depression, anxiety, psychosis, attention deficit/hyperactivity disorder, child abuse, delinquency, and/or other issues. Our trained mental health staff provides individual, group, and family therapy, as well as case management and medication management.

PARENTING EDUCATION

The Center offers classes to the community, and especially to teen parents, that incorporate information on positive and effective discipline techniques, child development, anger management, and community resources.

SYSTEM OF CARE PROGRAM

System of Care serves children and families who are involved with multiple social service systems and need intensive mental health services. Therapists work with families in their homes, schools and other community locations, and regularly coordinate care with child welfare workers, teachers, probation officers and others involved with the family.

SCHOOL-BASED SERVICES

We provide mental health services to children and teens at 18 schools in six school districts in the county. To prevent the development of further emotional and behavioral problems and help increase a child's chance of success in the classroom, therapists work closely with teachers to provide early intervention.

substance abuse services

ALTERNATIVE SENTENCING PROGRAMS

The Driving Under the Influence (DUI) 'First Offender' Program at our Metro Center is designed for those mandated to participate in a DUI program. The program focuses on heightening awareness of the consequences of alcohol and other drug impairment, and preventing further incidents of driving under the influence, through education and counseling groups. The Drug Diversion Program at our Metro Center serves court-referred individuals who have been identified as having a substance abuse problem. Our program creates awareness about the negative effects of substance abuse and teaches healthy coping mechanisms to prevent future arrest and incarceration.

COMMUNITY ASSESSMENT AND SERVICES CENTER (CASC)

The CASC assesses the mental health and substance abuse needs of CalWORKs, General Relief and Proposition 36 participants and connects them to local treatment providers. The program also serves as a resource center for alcohol and drug abuse treatment programs in the western area of Los Angeles County.

COMMUNITY PREVENTION PROGRAMS

Using a broad range of public education, skill building and community intervention activities, this program seeks to increase individual, family and community resiliency factors that will help prevent alcohol and drug related problems among young people and their families. One of the strategies used is Beyond Bias: Think Peace, a program which teaches prejudice reduction, conflict resolution, and peer mediation.

DRUG AND ALCOHOL TREATMENT FOR ADOLESCENTS AND ADULTS

We provide individual, family, and group outpatient drug, alcohol, and other substance abuse counseling at our headquarters, Mar Vista, and Metro Centers. At Mar Vista, specialized services are provided to adolescents, with a particular focus on family intervention. At Berendo Middle School, we provide students with drug, alcohol and other substance abuse counseling in a group environment. Social skills coaching, anger management, and goal setting are just some tools used to help students address their substance abuse problems.

RESIDENTIAL TREATMENT (VIA AVANTA)

We offer long-term substance abuse, mental health, and domestic violence treatment to women in a safe, supportive, communal living environment. Children up to age six can live with their mothers while the mothers are in treatment. The children participate in developmentally appropriate activities, while mothers attend parenting classes, improve life and job skills, and participate in group therapy.

training

INTERNSHIP TRAINING PROGRAM

Each year, we train approximately 25 students and interns entering the field of mental health. Our comprehensive training program for students provides practicum and work experience opportunities for future social workers, psychologists, marriage and family therapists, nurses, and psychiatrists. Our psychology internship program is accredited by the American Psychological Association.

CONTINUING EDUCATION

The Center's commitment to quality mental health services is supported by an excellent continuing education seminar series. Offered twice a month from October through July, mental health professionals from within the agency and from the community are invited to present a variety of topics to staff. Common themes in these seminars are challenging diagnostic issues, exposure to new treatment models, professional ethics, special issues in working with culturally diverse populations, and mental health policy.

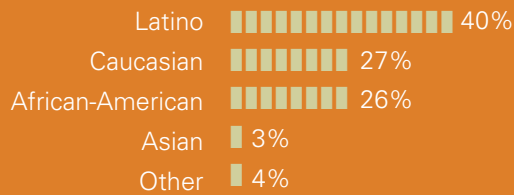
QUALITY ASSURANCE (QA)

We are committed to providing treatment that helps clients successfully meet their goals in as cost-effective a manner as possible. Our QA Department gathers outcome data, which is used to evaluate our effectiveness, adjust our practices, and set future goals. The department also trains staff and audits our clinical documentation to ensure that we comply with all legal and contractual requirements.

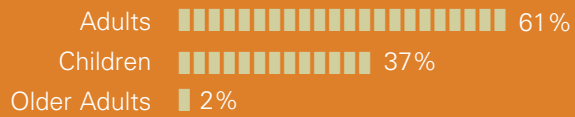
Who We Helped

43,402 CLIENTS

CLIENT ETHNICITY



CLIENT AGE



CLIENTS BY GENDER



CLIENTS BY PROGRAM



Mission Statement

Didi Hirsch Community Mental Health Center is committed to empowering our clients to maximize their potential by providing quality behavioral healthcare services to the community and those in need.

WE BELIEVE THAT HEALTHY INDIVIDUALS AND NURTURING FAMILIES ARE THE FOUNDATION OF A HEALTHY COMMUNITY. SINCE 1942, DIDI HIRSCH COMMUNITY MENTAL HEALTH CENTER HAS FOSTERED THE EMOTIONAL WELL-BEING OF PEOPLE OF ALL AGES.

ACCESSIBLE

Our community-based services are available regardless of age, ethnicity, or ability to pay.

COMPREHENSIVE

Our programs encompass a full continuum of prevention, early intervention, and treatment services for individuals, families, and the community.

CLIENT CENTERED

Our clients actively participate in determining their own treatment goals. We also encourage them to be involved in program planning and evaluation.

RESPONSIVE

Our programs always evolve in response to community needs.

SUPPORTIVE

Our work environment encourages individual and team excellence in caring for our clients.

ADVOCATES

Our efforts focus on clients' rights and erasing the stigma of mental illness and substance abuse.

INNOVATIVE

Our programs reflect continual renewal through education, training, and research.

ACCOUNTABLE

Our services provide measurable clinical and fiscal outcomes to those we serve and those who support us.

Erasing the Stigma Leadership Awards 2006

Although our community has grown increasingly open about mental illness, we still have far to go to erase stigma. To shine light on the issue, in 1997 Didi Hirsch Community Mental Health Center hosted its first *Erasing the Stigma Leadership Awards*, honoring Tipper Gore in recognition of her candid discussion of mental illness and its cost to all of us. In the past decade, we have honored researchers and physicians, actors and writers, leaders and activists, for their significant contributions to the field of mental health and for helping to erase the stigma of mental illness.

This past year's *Awards*, held on Friday, May 12, 2006 at the Beverly Wilshire Four Seasons, celebrated the 10th year of erasing the stigma. Our honorees - novelist Bebe Moore Campbell and *Los Angeles Times* columnist Steve Lopez - have helped millions of readers understand that individuals with mental illness are part of a family, part of our family. They have shown us that their life stories are far richer than the illnesses that often define them.



PICTURED CLOCKWISE FROM TOP LEFT: 1) Doris Moore, past honoree John Head, past honoree Lois Bloom **2)** The women of NAMI Urban Los Angeles accompany Bebe Moore Campbell's mother Doris Moore (lower center) **3)** *Leadership Award* presenter Sandra Tsing Loh, *Leadership Award* honoree Steve Lopez **4)** Board Member Howard Loeb, Treasurer Martin Frank, Board Member Jeffrey Khteian, C.I.D., Board Member Laura Ornest, Board Chair and Event Chair Andrew E Rubin, President/CEO Kita S. Curry, Ph.D., Executive Vice Chair Stanley Lelewer, Immediate Past Chair Cheri Renfrore Yousem, Vice Chair Sharon M. Kopman, Board Member Lee Leibman **5)** Event Chair and Board Vice Chair Beatrice Stern, Event Co-Chair Nancy Hirsch Rubin **6)** Honorary Co-Chair Christine Devine, Kita S. Curry, Ph.D. **7)** John Head, Kita S. Curry, Ph.D., Los Angeles County Supervisor Yvonne Burke **8)** Master of Ceremonies and Musical Guest Shawn Amos **9)** Former Didi Hirsch Board Member Patsy Flanigan, Kita S. Curry, Ph.D., Senator Mark Ridley-Thomas, United Way Board Member Lisa Cleri Reale, NAMI Urban Los Angeles Board Member Rosina Erlich

Photography: Tom Neerken

2005 Alive & Running for Suicide Prevention 5K/10K

In an effort to increase awareness about the devastating impact of suicide in our community, in 1998 Didi Hirsch launched its annual *Alive & Running for Suicide Prevention 5K/10K*.

The seventh annual race, which was held on Sunday, October 2, 2005, brought together more than 2,500 runners, walkers, spectators, and volunteers, including runners from Students Run LA. An afterschool intervention program, Students Run LA provides training and mentoring to prepare thousands of middle and high schoolers to complete the Los Angeles Marathon. Their participation was especially meaningful because suicide is the third leading cause of death among 15-24 year olds.

In addition to Students Run LA, people from all walks of life participated in the race, including actor Dan Butler who served as emcee. Many survivors led teams, as an opportunity for friends and family to collectively remember a loved one lost to suicide, but also as a way to help raise funds for Didi Hirsch's suicide prevention programs. Survivors also memorialized their loved ones through banners, unique shirts and bibs while courageously sharing personal stories with the hope of creating discourse about suicide and breaking the stigma that silences so many families.



PICTURED LEFT TO RIGHT FROM TOP: 1) Teens learn about the impact of suicide 2) Master of Ceremonies Dan Butler kicks off the 5K race 3) Survivor Nina Gutin 4) Didi Hirsch President/CEO Kita S. Curry, Ph.D. 5) Physical trainer Jed Needle leads the morning stretch 6) Eric Spears of Students Run LA, Didi Hirsch Board Executive Vice Chair and *Alive & Running* Committee Chair Stanley Lelewer 7) Board Member Vera Jashni, Ed.D. and the Jashni family 8) Chikara Daiko taiko drummers 9) Lyn Morris, Director of Emergency Services and Dan Butler 10) A volunteer helps set up suicide fact signs
 Photography: Tom Neerken and Robert Roll

Donors

Didi Hirsch Community Mental Health Center would like to extend its appreciation to all those who generously supported us during 2005-2006: Individuals, groups, businesses, foundations, and those who gave through United Hostesses' Charities, United Way, and other designated giving programs. We also thank the future mental health professionals who interned at Didi Hirsch Community Mental Health Center and all of our dedicated volunteers. Volunteers and interns contributed 28,438 hours of service in 2005-2006.

WE ARE FUNDED BY:

Los Angeles County Department of Children and Family Services
Los Angeles County Department of Health Services -
Alcohol and Drug Prevention Program Administration
Los Angeles County Department of Mental Health
Los Angeles County Department of Probation
State of California Department of Rehabilitation
United Hostesses' Charities
United Way of Greater Los Angeles

LEGACY LEADERS

Didi Hirsch thanks the following donors for including the Center in their estate plans. Their generosity and dedication will ensure the continuation of our important and on-going efforts to provide crucial mental health and substance abuse treatment to people in need.

Dr. Kita and Mr. Peter Curry
The Estate of Robert E. Emerson
Mary and Stanley D. Lelewer
Judy Phillips
Andrew E Rubin

PRESIDENT'S CIRCLE (\$10,000 AND ABOVE)

Beacon Capital Partners, LLC
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Emergency Housing and
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GOLD CIRCLE \$1,000-\$4,999

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The California Endowment
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Patrice Hirsch Feinstein
and Barney Feinstein
Marjory Feldman
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and Douglas Gaither
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Summary Financial Information

FEDERAL TAX ID# 95-1816023

STATEMENT OF ACTIVITIES	FY05/06	FY04/05
<i>Revenue</i>		
Government Contracts	\$19,945,000	\$19,875,000
Contributions and Grants	356,000	509,000
United Way	350,000	348,000
Special Events (Net)	212,000	172,000
Patient Fees	216,000	119,000
Donated Goods and Services	475,000	485,000
Other	203,000	423,000
Total Revenue	<u>\$21,757,000</u>	<u>\$21,931,000</u>
<i>Expenses</i>		
Personnel	16,976,000	17,165,000
Operating	2,150,000	2,314,000
Occupancy	1,586,000	1,517,000
Depreciation	492,000	389,000
Donated Goods and Services	475,000	485,000
Total Expenses	<u>\$21,679,000</u>	<u>\$21,870,000</u>
<i>Excess of Revenue over Expenses</i>	<u>\$ 78,000</u>	<u>\$ 61,000</u>
STATEMENT OF FINANCIAL POSITION	6/30/06	6/30/05
<i>Assets</i>		
Cash and Cash Equivalents	3,958,000	3,890,000
Accounts Receivable/Prepaid	1,295,000	1,396,000
Property and Equipment (Net)	4,798,000	5,055,000
Total Assets	<u>\$10,051,000</u>	<u>\$10,341,000</u>
<i>Liabilities</i>		
Accounts Payable/Accrued	3,850,000	4,128,000
Notes Payable	1,239,000	1,329,000
Total Liabilities	<u>\$5,089,000</u>	<u>\$5,457,000</u>
<i>Net Assets</i>	4,962,000	4,884,000
<i>Total Liabilities & Net Assets</i>	<u>\$10,051,000</u>	<u>\$10,341,000</u>

Audited financial statements are available upon request

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In memory of Bebe Moore Campbell

Novelist Bebe Moore Campbell, whose best-selling books included *Brothers and Sisters*, *Singing in the Comeback Choir*, *What You Owe Me*, and *Your Blues Ain't Like Mine*, died November 26, 2006 in Los Angeles from complications related to brain cancer. She was 56.

In *72 Hour Hold* and *Sometimes My Mommy Gets Angry*, Ms. Campbell used her gift as a writer to promote discussion of a problem that affects one in five Americans each year. In fact, because of her outstanding advocacy on behalf of those suffering from mental illnesses, Didi Hirsch Community Mental Health Center honored her with an *Erasing the Stigma Leadership Award* this past spring.

Also an activist, Ms. Campbell helped found the National Alliance for the Mentally Ill – Urban Los Angeles Chapter, which provides critical services and support groups to families in the South Los Angeles community.

She will be greatly missed.



DIDI HIRSCH
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